

End of Life Planning: What we need to know

Office of the Public Guardian – EOL Checklist

The Public Guardian has been appointed as your patient's substitute decision maker. This checklist has been prepared to let you know the information we need as part of our decision-making process. This is the same information you would generally take from or provide to a patient or family member.

- The patient's details (name, date of birth)
- Their condition
- Are they capable of giving consent or providing a view, that is:
 - have you discussed the treatment with them
 - do they understand the treatment
 - have they indicated any views about the treatment, including the nature of any objections (including in the past)
- If they have an Advance Care Directive
- The views of the their family and friends
- The proposed treatment or plan, including
 - the date or timeframe of the plan
 - medications & dosage
 - any other current treatments
- The risks and side effects of the treatment
- Any reasonable alternatives for the condition
- The reasons this is the preferred treatment or plan and how the benefits outweigh the risks
- Why you consider active treatment to be futile
- The consequences of not carrying out the treatment
- When the treatment will be reviewed
- Have they been referred to a palliative care team
- Your name and contact details
- Any other information you feel is necessary

Where to find more information

NSW Health publishes a range of guidelines on this topic at www.health.nsw.gov.au

- End of Life Care and Decision-Making Guidelines
- Using Resuscitation Plans in End of Life Decisions
- Using Advance Care Directives (NSW)

For more information refer to our fact sheet: [End of life care decisions](#).

For general enquiries:



Speak to an Information Officer:
02 8688 6070
1800 451 510 for country callers



Write to us at:
Public Guardian
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You can contact us through the National Relay Service on 1800 882 889



Email us or visit our website:
informationsupport@opg.nsw.gov.au
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If English is your second language, you can contact us through the Translating and Interpreting Service on 131 450.

To contact your patient's assigned guardian:

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